

(English translation follows.)

令和4年7月25日

学生各位

学長（危機対策本部長）仁科弘重

濃厚接触者の自宅待機期間の短縮について

濃厚接触者の自宅待機期間を感染者との最終接触日より7日間としておりますが、国及び県のオミクロンの特徴を踏まえた対応の見直しに伴い、令和4年7月22日より、濃厚接触者の自宅待機期間を感染者との最終接触日より5日間とし、2日目及び3日目の自主検査で2回とも陰性を確認した場合は、3日目の陰性確認後から自宅待機を解除可とします。

なお、陽性者との最終接触日より7日間が経過するまでは、検査等自身の健康状態の確認を行うとともに、重症化リスクの高い方との接触、リスクの高い場所の利用や会食等は避けてください。

各学部等から別途指示がある場合は、それを優先してください。

参考

・感染者

所轄の保健所の指示が解除されるまで登学禁止

・濃厚接触者

次の①または②のどちらかの条件を満たすまで自宅待機。

ただし、保健所から指示があった場合は、この限りではない。

①陽性者との最終接触日から体調に問題なく5日間を経過する

（最終接触日を0日目として、6日目に解除）

②陽性者との最終接触日から体調に問題なく、2日目及び3日目の自主検査で

陰性を確認した場合は、3日目の陰性確認後から解除可

※ただし、7日間が経過するまでは検温等自身の健康状態の確認を行うとともに、

重症化リスクの高い方との接触、リスクの高い場所の利用や会食等は避けること

To: All Students,

From: Hiroshige Nishina, President (Director of Crisis Response Headquarters)

Shortening Stay at Home Period for Close Contacts (July 25, 2022)

So far, the stay-at-home period for close contacts has been set for 7 days since the date of the last contact with an infected person. However, following the revision of the government and prefectural government response based on the characteristics of the Omicron variant, the period of stay at home for close contacts has been changed to 5 days since the last contact with an infected person, effective July 22, 2022.

At the same time, the self-isolation period may be lifted after the 3rd day test with negative test results on both the 2nd and 3rd day.

However, until 7 days have passed since the last contact with a positive person, please check your health condition, such as by medical examination, and avoid contact with people at high risk of serious illness, visit and dining around high-risk places.

If there are separate instructions from your faculty, etc., these should take precedence.

<< Reference >>

[Infected persons]

Prohibited from coming to campus or work until the instructions of the city's public health center are lifted.

[Close contacts]

Stay at home until either (1) or (2) below is fulfilled.

However, this does not apply if the city's public health center instructs otherwise.

(1) 5 days have passed since the last contact with a positive person without any physical symptom.

(The restriction will be lifted on the 6th day with the date of the last contact as the 0th day.)

(2) If a close contact person is in good physical condition from the day of the last contact with the positive person, and the voluntary tests on the 2nd and 3rd day confirm the negative result consecutively, the termination of stay at home is possible after the 3rd day negative test.

※However, until 7 days have passed, close contacts should check their health conditions, such as body temperature, etc. Please avoid contact with people at high risk of serious illness, visit and dining around high-risk places.